

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**4**  
 Mini Pancakes  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**5**  
 Egg & Cheese Wrap  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**6**  
 Breakfast Grilled cheese  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**7**  
 Homemade Breakfast Bar  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**1**  
 Breakfast on a Stick  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**11**  
 French Toast Bites  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**12**  
 Yogurt Parfait  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**13**  
 Egg Pop w/  
 Cheese stick  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**14**  
 Fresh Baked Muffin  
 4 oz. Yogurt  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**8**  
 Breakfast Sandwich  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**15**  
 Breakfast on a Stick  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk



**20**  
 Go Sledding,  
 Snow Shoeing,  
 Skiing



**22**  
 Enjoy the GREAT OUTDOORS  
 Try Ice Fishing

**25**  
 Mini Pancakes  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**26**  
 Scrambled Eggs  
 w/ 1/2 Bagel  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**27**  
 Apple French Toast Bake  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

**28**  
 Breakfast Cookie  
 4 oz. Yogurt  
 100% Juice  
 Fresh or Canned Fruit  
 Low Fat or Fat Free Milk

