



JANUARY 2025

Gilbertsville Mount-Upton CSD

Adult Lunch \$5.55 Milk \$.55

STUDENTS ARE ENTITLED TO
1 FREE BREAKFAST &
1 FREE LUNCH DAILY
THROUGH THE CEP PROGRAM
FOR THE 2024-2025 SCHOOL YEAR

Monday

Salad

Jan 6-10 Chef
Jan 13-17 Caesar
Jan 21-24 Cobb
Jan 27-31 Buffalo Chicken

Tuesday

Wednesday

Happy New Year

Jan 2-10 Turkey Sandwich
Jan 13-17 Tuna
Jan 21-24 Ham
Jan 27-31 Egg Salad

Thursday

Friday

Corn Dog
Baked Beans
Salad
Fruit
Milk **6**

Chicken Patty on Bun
Sweet Potato Fries
Fruit
Milk **7**

Wild Mikes
Pizza Bites
Leafy Green Salad
Fruit
Milk **8**

Sloppy Raider
on Bun
Roasted Cauliflower
Fruit
Milk **9**

Waffle Grilled Cheese
Tomato Soup
Mixed Vegetables
Fruit
Milk **10**

Nacho's
Meat & Cheese
Cuban Black Beans
Dinner Roll
Fruit / Milk **13**

Baked Ziti
Green Beans
Garlic bread
Fruit
Milk **14**

Pizza
Leafy Green Salad
Fruit
Milk **15**

Pop Corn Chicken Bowl
Corn
Fruit
Milk **16**

Ham & Cheese
Croissant
Sweet Potato Fries
Fruit
Milk **17**

No School
Martin Luther King Jr.
Day **20**

Macaroni & Cheese
Stewed Tomatoes
Pretzel
Fruit
Milk **21**

PreK-4 French Bread Pizza
5-12 Pepperoni Rolls
Leafy Green Salad
Fruit
Milk **22**

Chicken Fajita
Rice
Marinated Black Beans
Dinner Roll
Fruit / Milk **23**

Noon Dismissal
Uncrustable
Heartzel
Carrots
Fruit / Milk **24**

Breakfast for Lunch
Sausage
Hashbrown
Sweet Potato Pudding
Fruit
Milk **27**

Chicken Bacon Ranch
On Bun
Baked Beans
Fruit
Milk **28**

No School
LUNAR
NEW YEAR **29**

PreK-6
Beef Frank
7-12
Baked Potato Bar
Broccoli
Dinner Roll /Fruit / Milk **30**

Chicken & Waffles
Buttered Noodles
Roasted Butternut Squash
Fruit
Milk **31**

"GMUCSD IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER"

Menu subject to change based on availability of product

Any allergy please notify the Cafeteria and the School Nurse

