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# GMU COMMUNITY RESOURCES

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## **Emergency Services - Oneonta**

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| Resource | Phone | Address | Notes |
| Ambulance | 911 |  |  |
| A.O. Fox Hospital | 607-431-5000 |  |  |
| Fire Department | 911 or 607-433-3480 |  |  |
| City Police | 607-432-1111 |  |  |
| State Police | 607-432-3211 |  |  |
| Sheriff | 607-433-1340 |  |  |

# **Hotlines**

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| Resource | Phone | Address | Notes |
| Alcohol & Drug Abuse | 1-800-234-0420 |  | 24-hour hotline |
| Child Abuse and Maltreatment | 1-800-342 -3720 |  | To report incidents |
| Crisis Intervention | 1-877-369-6699 |  |  |
| Domestic Violence | 607-432-4855 |  |  |
| Homelessness | 607-433-8318 |  |  |
| Neighborhood Center Mobile Crisis Assessment Team (MCAT) | 315-732-62281-844-732-6228 |  | For children & adults in Oneida, Herkimer, Schoharie, Otsego, Delaware & Chenango |
| Poison Control | 1-800-222-1222 |  |  |
| Rape Crisis | 607-432-4855 |  |  |
| Suicide Prevention | 1-800-784-2499 |  |  |
| Violence Intervention Program (VIP) | 607-433-8038 |  |  |

## **Crisis Services**

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| Resource | Phone | Address | Notes |
| Behavioral Health Services | 607-337-1600 | Norwich, NY 13815 |  |
| Mobile Crisis Assessment Team (MCAT) | 1-877-369-66991-844-732-6228 |  |  |
| Suicide Prevention Lifeline | 1-800-273-8255TTY 1-800-799-4889 |  | [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) |
| Trevor Lifeline (LGBTQ) | 1-866-488-7386 |  | [www.TrevorSpace.org](http://www.TrevorSpace.org)  |
| UHS Comprehensive Psychiatric Emergency Program (CPEP) | 607-762-23021-800-451-0560 |  |  |

## **Clothing - Emergency**

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| Resource | Phone | Address | Notes |
| Family Services Association | 607-432-2870 | 277 Chestnut St.Oneonta, NY 13820 |  |
| The Magic ClosetEpiscopal Parish Hall | 607-263-5116607-263-5942 607-783-2715 | 162 Main St.Morris, NY 13808 | Wed. 11a-1pThurs. 4:30-6:30p Sat. 11a-1p |
| Salvation Army | 607**-**432-6120 | 25 River St.Oneonta, NY 13820 | M-W 9:30a-3p Tue, Thu, Fri 9:30a-4pClosed 12-1p (lunch) |

# **Counseling for Children - Inpatient**

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| Resource | Phone | Address | Notes |
| Bassett Hospital | 607-547-3525 | 1 Atwell Rd.Cooperstown, NY 13326 |  |
| Binghamton General Hospital | 607-762-2200 | 10-42 Mitchell Ave.Binghamton, NY 13903 |  |
| Ellis Hospital | 518-243-3300 | 216 LaFayette St.Schenectady, NY 12305 |  |
| Faxton-St. Luke’s Health Center | 315-798-6000, ex. 6332 | P O. Box 479Utica, NY 13502 |  |
| Greater Binghamton Health Center | 607-724-1391 | 425 Robinson St.Binghamton, NY 13901 |  |
| St. Elizabeth’s Medical Center | 315-798-8100 | 2209 Genesse St.Utica, NY 13502 |  |

# **Counseling for Children - Outpatient**

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| Resource | Phone | Address | Notes |
| Bassett Hospital Outpatient Psychiatry | 607-547-3500 | 1 Atwell Rd.Cooperstown, NY 13326 |  |
| Behavioral Health Services | 607-337-16001-877-369-6699 (after-hours emergencies) |  |  |
| Greater Binghamton Health Center | 607**-**724-1391 | 425 Robinson St.Binghamton, NY |  |
| Otsego County Children’s Mental Health Clinic | 607-433-2334 | 242 Main St.Oneonta, NY 13820 | Second Floor |

# **Dentists - Medicaid**

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| Resource | Phone | Address | Notes |
| Advanced Family Dentist | 607-433-1472 | 482 Main St.Oneonta, NY 138520 | M-Th 8a-4p |
| American Mobile Dental | 607-432-1010 | 8 Grand St.Oneonta, NY 13820 | M-Th 8a-5pFri 8a-4p |
| Chenango Memorial Hospital Dental Care Center | 607-337-4174 | Eaton Center32 Conkey Ave.Norwich, NY 13815 |  |
| Fox Care Dental Associates | 607-433-1778 | 1 Fox Care Dr. - Route 7Oneonta, NY 13820 |  |
| New Dimensions & Health Care | 518-843-2575 | 40 Wall St.Amsterdam, NY 12010 |  |

# **Family Support**

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| Resource | Phone | Address | Notes |
| Catholic Charities Child Care Connection | 607-432-0061 | 176 Main St.Oneonta, NY 13820 |  |
| Chenango County Catholic Charities | 607-334-8244 | 3 O’Hara Dr.Norwich, NY 13815 |  |
| Even Start at OFO — Building Healthy Families | 607-433-0444 | 182 Round House Rd.Oneonta, NY 13820 |  |
| Family Resource Network | 607-432-0001 | 46 Oneida St.Oneonta, NY 13820 | M-F 9a-4p\*Coordinated Children’s Services Initiative (CCSI)\*Adolescent Outreach Program\*Residential Services Family Advocate\*Provides wrap-around services to families with children in multiple systems who are at risk |
| Family Services Association | 607-432-2870 | 277 Chestnut St.Oneonta, NY 13820 |  |
| Liberty Resources Placement Diversion Program | 607-334-7779 |  |  |
| National Alliance on Mental Illness (NAMI) | 607-351-3392 |  |  |
| WARM LINE (RSS Inc.) | 1-800-377-3281607-433-0661 |  |  |

# **Food Pantries**

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| Resource | Phone | Address | Notes |
| Cooperstown Food Bank - Presbyterian Church | 607-547-8902607-547-8401 | 25 Church St.Cooperstown, NY 13326 | M-F 10a-12p & 2-4pLast 2 Saturdays of month 10a-12p |
| The Lord’s Table - St. James Episcopal Church | 607-432-1458 | 305 Main St.Oneonta, NY 13820 | M-F 4:30-6p |
| Salvation Army Meal with a Message | 607-432-6120 | 25 River St.Oneonta, NY 13820 | Sun 4p after serviceM-F 9:30a-12p |
| Saturday’s Bread - First United Methodist Church | 607-432-4102 (Church)607-435-7188 (Coordinator) | 66 Chestnut St.Oneonta, NY 13820 | Sat 11a-1p |
| St. Mary’s Food Pantry | 607-432-3920 | 38 Walnut St.Oneonta, NY 13820 | M-F 11a-3p\* May use once every 30 days |
| St. James Food Pantry | 607-432-1458 | 305 Main St.Oneonta, NY 13820 | M-F 9a-2p |
| WIC–Women, Infants & Children | 607-433-8071 | 3 West BroadwayOneonta, NY 13820 |  |

# **Housing – Utilities Assistance**

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| Resource | Phone | Address | Notes |
| HeartShare-Project Share Heating Fund | 1-800-599-4327 |  | <https://www.heartshare.org/our-programs/energy-assistance-and-community-development/>  |
| Home Energy Assistance Program (HEAP) |  |  | Otsego County Dept. of Social Services |
| Lifeline Verizon | 1-800-837-4966 |  |  |
| The Meadows | 607-547-1700800-422-2512Fax: 607-547-1721 | 140 County Hwy 33WCooperstown, NY 13326 |  |
| Safe Link Phone | 1-800-977-37681-800-378-1684 (tech support) |  |  |

# **Housing - Services**

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| Resource | Phone | Address | Notes |
| Catholic Charities of Housing Office | 607-436-9250 | 52 Maple Ave.Oneonta, NY 13820 | SRO-Single Room Occupancy |
| Emergency Aid To Families | 607-547-1700 |  |  |
| Emergency Housing | 607-433-8318607-433-8318 (24 hrs.) |  |  |
| Habitat For Humanity | 607-432-7874 | 403B Chestnut St.Oneonta, NY 13820 |  |
| Oneonta Housing Authority | 607-432-0170 | 2 Mitchell St.Oneonta, NY 13820 |  |
| Otsego Rural Housing | 607-547-8839 | 140 County Hwy 33WCooperstown, NY 13326 |  |

# **Transportation - Public**

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| Resource | Phone | Address | Notes |
| A&D Taxi | 607-433-1726 |  | Accepts Medicaid |
| Bernie Bus | 1-800-388-9853 |  | Accepts Medicaid |
| M&M Taxi | 607-435-4102607-435-0609 |  | Medivan Accepts Medicaid |
| Mike’s Taxi | 1-800-850-5340 |  | Accepts Medicaid Otsego, Delaware |
| Oneonta Public Transit | 607-432-7100 |  | [www.optrides.com](http://www.optrides.com) |

# **Additional Resources**

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| Resource | Phone | Address | Notes |
| Catskill Area Hospice & Palliative Care, Inc. | 607-432-5525 | 297 River St. Service Rd.Oneonta, NY 13820 | M-F 8a-5p |
| Chenango County Family Court | 607-337-1824 | 13 Eaton Ave.Norwich, NY 13815 |  |
| Oneonta Community Free Health Center | 607-433-0300 | 31 Main St.Oneonta, NY 13820 |  |
| Opportunities for Chenango Head Start | 607-334-7114 | 44 West Main St.Norwich, NY 13815 |  |
| Planned Parenthood Association of South Central NY | Appointments/Info: 607-432-2250Administrative Offices: 607-432-2252 | 37 Dietz St.Oneonta, 13820 | Binghamton117 Hawley St.607-723-8306Sidney37 Pleasant St.607-563-4363Walton130 North St.607-865-6573 |
| Stamford Family Practice Free Health Center | 607-652-2000Fax: 607-652-2423 | 32-34 Main St.Stamford, NY 12167 |  |
| United Health Services | 607-433-3484 | 179 River St.Oneonta, NY 13820 |  |

**Chenango County Resource Guide 2016**

<https://www.co.chenango.ny.us/mental-hygiene-services/documents/Resource%20Guide.pdf>

**Otsego County Guide To Community Services 2018**

<https://www.otsegocounty.com/Document%20Center/D-M/Mental%20Health/ResourceBooklet.pdf>

***Gilbertsville-Mount Upton School Counseling Department***

*Updated 3/20/2020*