



# NOVEMBER 2020

Gilbertsville-Mount Upton

Due to the PANDEMIC  
All meals are FREE  
For the 2020-2021  
School Year

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Hot Dog on Bun Vegetarian Beans Fruit / Low Fat Milk</p> <p>*H* PBJ Sandwich Carrots</p>	<p>3</p> <p>Hot Dog on Bun Vegetarian Beans Fruit / Low Fat Milk</p> <p>*H* Ziti Green Beans</p>	<p>4</p> <p>Pulled Pork Totchos Broccoli Fruit / Low Fat Milk</p> <p>*H* Soft Shell Taco Leafy Green Salad</p>	<p>5</p> <p>Pulled Pork Totchos Broccoli Fruit / Low Fat Milk</p> <p>*H* Oven Baked Chicken / Rice Broccoli</p>	<p>6</p> <p>*H* Chicken Quesadilla Pizza Peas Strawberry Cup</p>
<p>9</p> <p>Pita Pizza Cucumber Wedges Fruit / Low Fat Milk</p> <p>*H* PBJ Sandwich Carrots</p>	<p>10</p> <p>Noon Dismissal Uncrustable Carrots Fruit / Low Fat Milk</p> <p>*H* Stuffed Shells Leafy Green Salad</p>	<p>11</p> <p>NO School</p>	<p>12</p> <p>Pita Pizza Cucumber Wedges Fruit / Low Fat Milk</p> <p>*H* Chicken Patty on Bun Sweet Potato Fries</p>	<p>13</p> <p>*H* Stuffed Crust Pizza Corn Strawberry Cup</p>
<p>16</p> <p>Hamburger on Bun Buttered Noodles Baked Beans / Fruit / Low Fat Milk</p> <p>*H* PBJ Sandwich Carrots</p>	<p>17</p> <p>Hamburger on Bun Buttered Noodles Baked Beans / Fruit / Low Fat Milk</p> <p>*H* Pulled Pork on Bun Vegetarian Beans</p>	<p>18</p> <p>Turkey &amp; Gravy on Mashed Potato Squash Berries &amp; Cream Low Fat Milk</p> <p>*H* Chili / Corn</p>	<p>19</p> <p>Turkey &amp; Gravy on Mashed Potato Squash Berries &amp; Cream Low Fat Milk</p> <p>*H* Mac &amp; Cheese / Peas</p>	<p>20</p> <p>Pizza Round Green Beans Peach Cup</p>
<p>23</p> <p>Pop Corn Chicken Bowls Mashed Potato / Corn Fruit / Low Fat Milk</p> <p>*H* PBJ Sandwich Carrots</p>	<p>24</p> <p>Pop Corn Chicken Bowls Mashed Potato / Corn Fruit / Low Fat Milk</p> <p>*H* Chicken Speedies Brussel Sprouts</p>	<p>25</p> <p>No school</p>	<p>26</p> <p>Thanksgiving No school</p>	<p>27</p> <p>No school</p>
<p>30</p> <p>Meatball Sub Broccoli Fruit / Low Fat Milk</p> <p>*H* Uncrustable / 4 oz. Yogurt Carrots</p>	<p>*H* Home Meal PBJ Offered Daily</p> <p>2nd Choice Nov. 2-5 Bologna Sandwich Nov. 9-12 Egg Salad Sandwich Nov. 16-20 Ham Sandwich Nov. 23-24 PBJ</p>			

"GMUCSD IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER"

**PAY FOR MEALS ONLINE**  
[MySchoolBucks.com](https://www.myschoolbucks.com)

**MENU SUBJECT TO CHANGE**