BREAKFAST

MILK $.75 Adult Breakfast $4.01

NOVEMBER 2026

Gilbertsville-Mount Upton CSD

STUDENTS ARE ENTITLED TO
1 FREE BREAKFAST &
1 FREE LUNCH DAILY
THROUGH THE CEP PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Mini Waffles 100 % Juice Fresh or Canned Fruit Milk	3 Yogurt Bowl 100 % Juice Fresh or Canned Fruit Milk	4 Cinni Minni 100 % Juice Fresh or Canned Fruit Milk	5 Sausage on a Stick 100 % Juice Fresh or Canned Fruit Milk	6 Bagel 100 % Juice Fresh or Canned Fruit Milk
9 Mini French Toast 100 % Juice Fresh or Canned Fruit Milk	10 Mini Pancake 100 % Juice Fresh or Canned Fruit Milk 11:00 am Dismissal	11 **VETERANS DAY**	12 McRaider 100 % Juice Fresh or Canned Fruit Milk	13 Bagel 100 % Juice Fresh or Canned Fruit Milk
16 Breakfast Bar 100 % Juice Fresh or Canned Fruit Milk	17 Cheese Omelet ½ Bagel 100 % Juice Fresh or Canned Fruit Milk	18 Muffin 100 % Juice Fresh or Canned Fruit Milk	19 Breakfast Sandwich 100 % Juice Fresh or Canned Fruit Milk	20 Bagel 100 % Juice Fresh or Canned Fruit Milk
23 Cereal 100 % Juice Fresh or Canned Fruit Milk	24 Muffin 100 % Juice Fresh or Canned Fruit Milk	25 No School	26 **HAPPY THANKSGIVING**	27 No School
30 Bagelful 100 % Juice Fresh or Canned Fruit Milk				

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

"GMUCSD IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER"

Menu subject to change based on availability of product

Any allergy please notify the Cafeteria and the School Nurse