



# BREAKFAST

Adult \$3.55 Milk \$.55

# DECEMBER 2024

## Gilbertsville-Mount Upton CSD

STUDENTS ARE ENTITLED TO  
1 FREE BREAKFAST &  
1 FREE LUNCH DAILY  
THROUGH THE CEP PROGRAM  
FOR THE 2024 2025 SCHOOL YEAR

### Monday

Cereal **2**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Cereal **9**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Cereal **16**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

No School **23**

No School **30**

### Tuesday

Cinni-Minni **3**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Mini Pancake **10**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Frudel **17**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

No School **24**

No School **31**

### Wednesday

French Toast Sticks **4**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Muffin **11**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Yogurt Bowl **18**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

No School **25**

### Thursday

Breakfast Sandwich **5**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

McRaider **12**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Sausage on a Stick **19**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

No School **26**

### Friday

Bagel **6**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Bagel **13**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

Bagel **20**  
100 % Juice  
Fresh or  
Canned Fruit  
Milk

No School **27**



“GMUCSD IS AN EQUAL OPPORTUNITY EMPLOYER & PROVIDER”

Menu subject to change based on availability of product

\*\*\*Any allergy please notify the Cafeteria and the School Nurse\*\*\*



PAY FOR MEALS ONLINE  
[MySchoolBucks.com](https://www.MyschoolBucks.com)