

Gilbertsville-Mt. Upton Central School
Athletic Eligibility Rules



Any Student Who Is A Member Of Any School Athletic Team Will Be Expected And Required To Observe The Following Rules:

1. Rules of eligibility for all athletes are found in eligibility booklets available from the New York State Public High School Athletic Association. These booklets contain the state regulations for each sport.
2. Each team member must adhere to the rules of eligibility and participation set by the governing bodies of the particular sport: National, State, Section IV, League and Local.
3. Each team member must observe all scholarship and attendance regulations of the Gilbertsville-Mt. Upton Central School.
4. Team members are expected to be at every practice and contest. Please make an effort to inform your coach when you will not be available. Continued unexcused absences will need to be addressed by coach, team member and parent.
5. To be eligible to participate in a school sponsored athletic activity (practice, scrimmage, or game) on any given day, a student's attendance is mandatory for the entire schedule of the day, unless the student provides a written notice of a legal absence, upon arrival at school which is approved by the school attendance office or administrator.
6. Unsportsmanlike conduct during practice or games will result in disciplinary action.
7. Students will not engage in any conduct that endangers the safety, morals, health or welfare of self or others. It is clearly understood that the use of tobacco products, the consumption of alcoholic beverages and the use of illegal drugs is dangerous to the health and general maturation of the adolescent and impacts negatively on a student-athlete's ability to perform. Therefore: Athletes are not to possess, be in the presence of, or use alcohol, tobacco products, illegal drugs, or misuse of prescription or nonprescription drugs/inhalants on or off school grounds. (See #1 Personal Responsibility in Athletic Code of Conduct)
8. Any loss of equipment or damage caused by misuse of equipment must be reported immediately to the coach by the athlete or the school will not be held responsible.
9. All injuries must be reported immediately to the coach by the athlete.
10. By declaring himself a candidate for any team, the individual pledges his loyalty to his members, his coach and his school.
11. Each athlete is responsible for keeping his practice and game uniform clean.
12. Cut-off dates for players dropping a sport without penalty shall be: Boys' Soccer & Girls Soccer, and Boys and Girls Basketball: If you withdraw from a team after the first practice and before the second week of practice (with the consent of the coach) that will result in NO suspension.
13. If an athlete wishes to drop one sport to join another sport in the same sports season, he must drop out to satisfy the above regulations governing the cut-off dates. (See #2 in Athletic Code of Conduct Packet under Letter of Intent section).
14. If an athlete quits or is dropped from a sport after the cut-off date, he or she may not go out for that sport the following year unless a letter of appeal to the Coaches' Board is accepted or approved.
15. Extenuating circumstances to the above rules shall be discussed with the coach. Such circumstances might include:
 - A. Medical reasons prior to the opening of a sports season: these would be discussed with the coach.
 - B. Family problems
 - C. Request to work at home
 - D. Request to raise grades
16. Physicals for all sports must be taken once a year. Students will be notified of the date by the Athletic Director who will make arrangements with the school nurse.
17. A student who does not participate in physical education classes shall not participate in intramural or interscholastic athletics.

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Please complete this sheet for each of your children who are participating in a school sport. I have read and understand each of the preceding Athletic Eligibility Rules and Athletic Code of Conduct and have discussed it with my child. I understand the consequences should I violate the Rules or Code.

Name of Student- Athlete

Grade

Signature of Athlete

Signature of Parent/Guardian

Name of Sport

Date

Sports Transportation Permission

_____ has my permission to stay after school for practice and games for the duration of the (Fall / Winter / Spring) Season. In giving my permission, I understand that there will not be bus transportation home after the games or practices.

Signature of Parent or Guardian

Date

GMU Sports Schedule Changes – Schedule Galaxy & GMU Facebook Page

The GMU Sports Schedule can change rapidly due to a wide variety of reasons: inclement weather, school related scheduling conflicts, unexpected emergencies, etc. We make every effort to notify the students here at school of schedule changes as soon as they occur.

In an effort to provide the parents/guardians with information regarding GMU Sports related schedule changes the athletic department maintains the athletic schedule using a web based scheduling system called Schedule Galaxy. This program enhances both the scheduling process and public access to contest information. Users have the ability to receive e-mail alerts for any schedule change with the Schedule Galaxy App. Users can also access directions to athletic events from their current location to the exact game location via Google maps. To access a team schedule, go to the GMU webpage and click on Departments, then select Athletics, on this page you will find links and all of the information to utilize Schedule Galaxy.

We also make every effort to notify parents/guardians and community members of sports related schedule changes via the GMU Website & the GMU Facebook page.

* If you have any questions or concerns in regards to this please contact the Athletic Director.